

October 2024 - Bag Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9/30 Ham & Cheese Wrap Sunflower Seed & Craisin Mix Pudding Cup Mango Juice	10/1 Hummus and Pita Baby Carrots Lima Bean Salad Fresh Apple	10/2 Chicken Caesar Salad Wrap Celery Fresh Orange Paradise Punch	10/3 Tuna Salad Sandwich on Potato Bread Sliced Bell Peppers Diced Peaches Mango Juice	10/4 Turkey w/ Swiss Sandwich Mixed Fruit Cup Yogurt Paradise Punch Mayonnaise	10/5 Egg Salad on a Croissant Sugar Snap Peas Fresh Orange	10/6 Ham w/ Cheddar Sandwich Sugar Snap Peas Mixed Fruit Mustard
10/7 Roast Beef on Potato Bun Cucumber Salad Diced Peaches Horseradish	10/8 Rachel (Turkey, Swiss & Coleslaw on Rye Bread) Applesauce Paradise Punch	10/9 Tuna Packet w/ Crackers Celery Fresh Apple Pudding	10/10 Egg Salad on a Croissant Sugar Snap Peas Fresh Orange	10/11 Ham & Cheese Wrap Sunflower Seed and Craisin Mix Pudding Cup Mango Juice	10/12 Turkey w/ Swiss Sandwich Mixed Fruit Cup Yogurt Paradise Punch Mayonnaise	10/13 Tuna Salad Sandwich on Potato Bread Sliced Bell Peppers Diced Peaches Mango Juice
10/14 PB&J Sandwich Baby Carrots Fruit Cup Paradise Punch	10/15 Orange Chicken Salad Sandwich Sliced Bell Peppers Mango Juice	10/16 Cheese Sandwich Hummus Baby Carrots Fruit Cup	10/17 Rachel (Turkey, Swiss & Coleslaw on Rye Bread) Applesauce Paradise Punch	10/18 Chicken Caesar Salad Wrap Celery Fresh Orange Paradise Punch	10/19 Roast Beef on Potato Bun Cucumber Salad Diced Peaches Horseradish	10/20 Ham w/ Cheddar Sandwich Sugar Snap Peas Mixed Fruit Mustard
10/21 Hummus and Pita Baby Carrots Lima Bean Salad Fresh Apple	10/22 Tuna Salad Sandwich On Potato Bread Sliced Bell Peppers Mango Juice Diced Peaches	10/23 Turkey w/ Swiss Sandwich Mixed Fruit Cup Yogurt Paradise Punch Mayonnaise	10/24 Rachel (Turkey, Swiss & Coleslaw on Rye Bread) Applesauce Paradise Punch	10/25 Roast Beef on Potato Bun Cucumber Salad Diced Peaches Horseradish	10/26 Chicken Caesar Salad Wrap Celery Fresh Orange Paradise Punch	10/27 Orange Chicken Salad Sandwich Sliced Bell Peppers Mango Juice
10/28 Tuna Packet w/ Crackers Celery Fresh Apple Pudding	10/29 Egg Salad on a Croissant Sugar Snap Peas Fresh Orange	10/30 Ham & Cheese Wrap Sunflower Seed and Craisin Mix Pudding Cup Mango Juice	10/31 NO MEAL SERVICE HALLOWEEN BINGO	<ul style="list-style-type: none"> • Meals available by reservation. Call your Senior Center to reserve your bag supper. Bag supper meals are available 7 days a week. • Suggested minimum donation for persons 60+ is \$3.00. • People under age 60 must pay \$7.00. • All bag suppers contain 1% milk . 		