

Sellers Senior Center

NOVEMBER/DECEMBER 2025

2800 SILVERSIDE ROAD WILMINGTON, DE 19810
(302) 762-2050 FAX: (302) 762-2051



SELLERSSENIORCENTER@VERIZON.NET

WEBSITE: WWW.SELLERSSENIORCENTER.ORG

LIKE US ON Facebook: SELLERS SENIOR CENTER

Staff:

Executive Director -
Jennifer Brooks

Administrative Asst-
Brianna Snover

City Fare Site Manager -
Jeannie Whye

Board of Directors:

President -
Matt Mayer

Vice President -

Kathy Scott

JJ Beans

Alice Collins

Linda Deeney

Terri Doodly

Keisha Jacobs-Jackson

Debbie Kling

Linda Murphy

Kay Rzucidlo

Kristen Stetler-Donovan

Kim Williams

Honorary Member

John Weaver

Thanksgiving Luncheon

Join us for our Thanksgiving Luncheon!

Tuesday, November, 18th Time: 12:00pm



Cost: \$4 plus a canned good

Menu: Turkey with Gravy, Stuffing, Cranberry Sauce, Sweet Potatoes, Asparagus, Pumpkin Pie w/ whipped topping,

Sign up in the office beginning 11/4.

Holiday Gathering



Celebrate the season with us at a Holiday
Lunch at *FAVA in Glen Mills, PA*

Thursday, December 18

Bus leaves 11:30am Noon Reservation

Cost: \$44 (includes menu below, beverage & gratuity.)

House Salad - mixed field greens, shaved fennel, carrots, cherry tomato, cucumber, balsamic dressing.

Entrée (Choice of)

Salmon Piccata- white wine, lemon, capers, seasonal potato & vegetable

Chicken Marsala - marsala demi, Kennett Square mushrooms, seasonal potato & vegetable

Penne Alla Vodka- prosciutto, spring peas, blush sauce

Gnocchi Sorrento - San Marzano tomato, fresh basil, melted mozzarella

Dessert Tiramisu- lady fingers, mascarpone mousse, espresso, cocoa

Please Note:

**First day of trip
sign ups will be
November 4
Beginning at
9:30am.**

Hours of Operation:

Monday & Tuesday

8:30—3:30pm

Wed., Thurs., Friday

8:30—2:30pm

Instructors:

Fitness -

Eric Wolf

Creative Cards -

Ellen Paoletti

Cardio Drumming-

Mary Ellen Luise

Painting -

Colleen Hover

At the time of publication of our bi-monthly newsletter, the Information is as complete and accurate as possible. All items are subject to change.

Services Available

Library: Books can be borrowed during center hours. Returned books should be placed in the laundry basket. Our dedicated “librarians” will keep our library in order.. **Not accepting books 2015 or older.**



Stamps: Postage stamps are available for purchase in the office.



DE Durable Power of Attorney: Financial

Guide to Services for Older Delawareans: A publication for Older Delawareans and Persons with Disabilities.

Handicapped Parking: Placard application

Paratransit: Tickets are available in the main office for \$10 per strip. ID required. Applications also available

School Tax Credit: Senior deduction in taxes. (form)

Senior Roll Call: This daily telephone service provides added comfort and security that you may need to maintain your independence. To enroll call 302-395-8159.

Membership Information



Welcome New Members: Lizanne Norton, Mary Parr, Elizabeth Porter, Kris Brooks, Janet Kulp, Patricia Sexton, Betty Culver, Sherry Lisbona, Linda Adams, Terri Diehl, Maria Blasucci, Doug DeVoll, Donnalyn DeVoll

Thinking of You: Joe VanSuch, Eileen Denis, Karen Outten, Dorothy Medeiros, Cindy Grant, Eleanor Rozmarynoski, Mimi Moore, Pat Comegys, Gil Wilbur, Len Bordzol

In Memory of: Jack Potts, Millie Dyson

Nutrition Program

City Fare offers a hot meal or bagged supper to those 60 years of age and older.

A donation for the meal is based on income.



Suggested cost: Hot meals and Bag Suppers are now \$4.00 each

Persons under 60 years of age are required by government regulations to pay \$8.00.

Note: Cancellations must be made by noon the previous day.

Health and Fitness



'Feel Better' Fitness Class "If you don't MOVE it - you will LOSE it."

Classes consist of: 10-15 min. walking paced warm-up, 30 min. work-out while sitting, 10 min. standing work-out, and 5 min. relaxation cool down. These exercises are good for Seniors with Arthritis, Osteoporosis, or Cardiac Rehab. Participants will gain muscular strength, endurance, and flexibility through gentle movements, chair exercises and stretching.

Monday, Wednesday, and Fridays from 9:00-10:00 & 10:15- 11:15am

Cost: \$3 per class

Instructor: Eric Wolf

The 10:15 class has reached capacity. We encourage you to attend the 9:00 class if possible.

Please note there will be no class on the following dates:

11/3, 11/5, 12/24, 12/26, 12/29, 12/31, and 1/2.

Wii Bowling



Our Wii Bowling season is well underway, with 7 teams participating this season! The first session will end the week of **December 8th**, and the second session will begin on **January 5, 2026**.

If you'd like to bowl a second set of reserved scores, please make sure they are submitted by **January 5**.

Our Mission

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition and advocacy. Membership is welcome to anyone 50 years of age or older regardless of religion, gender, race, or color.

Ongoing Activities



Bingo: Fridays, 12:30—2:00pm. Bring your nickels and enjoy refreshments with friends. Donations are always appreciated. Callers: Alex Sokolski & Suzanne Scolis

Bridge: Duplicate Bridge (requires a partner)—Tuesdays, 9:00am - 12:00pm.

Bridge: Duplicate Bridge (requires a partner) - \$3 every Thursday, 9:00am-12:00pm. For more information, contact the office.

Bunco Every Monday from 10:00am - 12:00 noon. Cost: \$2.00 (cash prizes)

Canasta: Thursdays 12:30-2:30pm, Fridays 10:00am-12:00 noon. Beginners welcome.

Cardio Drumming Tuesdays 1:00-2:00 \$3 per Class

Creative Cards: Learn to make creative cards you can send to your family and friends. Events are geared towards fun, fellowship and learning. Second & fourth Thursdays of each month at 11:00am. Sign up 2 weeks in advance. For more info and to sign up contact: stampwithellen@aol.com

Pinochle: Mondays and Tuesdays, 12:30 –3:30. **New Pinochle players needed!**



Painting Class: A fun painting class with acrylic paint on canvas. 2nd & 4th Wednesday of each month at 1:00pm. \$6 includes instruction, canvas & paints.

Wii Bowling Interested in joining a team, please contact the office. Substitute bowlers needed as well!



AARP Defensive Driving



Refresher course (4 hr) will be held on, **Thursday, December 4**
from 9am-1pm \$20 for AARP Members, \$25 for Non Members

Cash or check accepted. Checks can be made payable to AARP.

Please see Sellers office to sign up!



American Music Theater - Deck The Halls/Shady Maple



Invite your friends ~ We still need a few more to make the trip a go! Don't miss out on the fun—let's fill the bus!" Lunch at Shady Maple followed by the show "Deck The Halls"

Cost: \$145 Full payment due at sign up

Reiki with Rosie

The word “Reiki” means “mysterious atmosphere, miraculous sign.” It comes from the Japanese words “rei,” meaning universal, and “ki,” meaning life energy.

Reiki is type of energy healing. According to practitioners, energy can stagnate in the body where there has been physical injury or even emotional pain. In time, these energy blocks can cause illness. Energy medicine aims to help the flow of energy and remove blocks in a similar way to acupuncture or acupressure. Reiki practitioners believe that improving the flow of energy around the body can enable relaxation, relieve pain, speed healing, and reduce other symptoms of illness. People also refer to Reiki as palm healing or hands on healing.



20 minute sessions– sign up in the office Cost: Free Will Offering

Monday, 11/10, 11/24, 12/8 & 12/29

Philadelphia's Christmas Village



Tuesday, December 2

Transportation: \$5

11:30am-3:30pm

Admission is free



Christmas Village is an authentic open-air holiday market in Love Park with more than 120 vendors set up in dozens of rustic wooden cottages, all offering a wide range of holiday gifts and crafts.

Christmas Village also offers a wide array of authentic German and European-style eateries. Enjoy live music which also adds to the atmosphere. Grab hot chocolate, hot cider or coffee to warm up.

Sign up in the office beginning 11/4

Center Closings

Listen to WDEL (1150AM) or at www.wedel.com for center cancelations or closings due to bad weather. Listen for Sellers Senior Center to be announced. This will give you accurate information about the center.



Inspire by Touch Massages

"Inspire by Touch"

Khalil Abdul-Majid will be here at Sellers November 11, 25 & December 9 & 23

Cost: 10 Minutes- \$5.00

15 Minutes - \$10.00

30 Minutes - \$25.00



Scheduling appointments with **payment** are made in the office.

Please be advised that if you do not show for your appointment, we will not grant a refund. If you should need to cancel please give 24 hours notice if possible.

Wear comfortable clothes. Schedule in the main office.

Massage Discount Day

Purchase a 10, 15 or 30 minute chair massage on the 2nd Tuesday of the month, and receive a 15 minute massage at the discounted price of \$5 to be used on the 4th Tuesday of the month.

You may also gift your 15 minute massage to a friend!

Holiday Craft

Join Linda Murphy to make a Christmas Lantern!

Thursday, December 11

Cost: \$5.00

Time: 1:00pm



Please sign up in the office if interested!

Friendly Reminders

Christmas By Candlelight balance due by 11/4

AMT- Deck the Halls final payment due 11/4



Thanksgiving Basket Items



We will be making thanksgiving baskets for our friends in need! If you would like to donate an item to be included in the basket see the list below for suggestions.

Stuffing, Canned Goods, Cranberry Sauce, Instant Mashed Potatoes, or any other non perishable item you would like to donate.

Please drop off items to the office by Friday, 11/21.

If you would like to help us put baskets together, we will be doing so on Monday 11/24 from 10:00am-12:00pm.

Health & Wellness Event– Shipley Living

Friday, November 14, 10:00am-12:00pm

The Director of Rehab & Director of Nursing will be here to conduct the following checkups:

Personalized Guidance

- Checking functional lower extremity strength and balance to assess the risk of falls.
- Inspecting adaptive equipment to make sure the positioning is correct, and all parts are in working order.

Sustainable Lifestyle Changes

- Checking heart health
- Checking Blood Pressures



Also present will be the Head of Marketing and Activities, who will give a short presentation, as well as a representative from the Business Office to answer any Medicare or Medicaid questions.

Sign up in Sellers office! Lunch will be provided to those who sign up!



Trip Guidelines

Everyone attending Sellers trips must be able to care for their own personal needs and make independent decisions for themselves.

Also, consider the amount of walking that is involved with our bus trips. If assistance is required by the participant he or she must provide their own caregiver and pay for same.

- ♦ Payments for all trips must be made at time of sign-up.
- ♦ Times listed for trips reflect departure/arrival times to and from the center.
- ♦ The bus will start loading passengers 15 minutes prior to departure.
- ♦ Departure time will be as scheduled with or without all passengers.
- ♦ Prepaid tickets for events are not refundable unless a replacement is found.
- ♦ Please remember to park furthest from the center when going on trips.

Medication Cost Review



Do you have questions about the cost of your medications?
Would you like to see if you can save money on your medications?

Debbie Kling, is a retired social worker having worked for
Christiana Care for over 30 years.

Debbie is also a Sellers Board Member.

Bring in your medication list and see if there are more
affordable options.

You will need to bring your current medication list, print out from
your pharmacy of your medication costs and your
insurance card.

When: Tuesday 11/18, & 12/16

If interested please sign up for a time slot in the main office!

Mystery Lunch



Thursday, November 13th

Time: 11:30am-2:30pm



Transportation Cost: \$4.00

Please sign up in the office!

Blue Rock Chorus

Join us for a Holiday concert presented by the
Blue Rock Chorus!



Wednesday, December 17th 11:00am

Please let us know if you will be joining us.

Holiday Luncheon



Holiday Luncheon!

Tuesday, December 9th at 11:15am Cost: \$4.00

Menu: Pot Roast, Scalloped Potatoes, Green Beans & Baby
Carrots with Silvered Almonds, Apple Pie,
& Dinner Roll.

The Delaware Diamond Dancers present
“Christmas Spirit” a festive song and dance program!

Sign up in the office beginning 11/4.

Wilmington Drama League Presents



The Trail To Oregon - Wednesday 11/5 at 8pm

The Little Mermaid - Thursday 12/11 at 8pm

No tickets required for preview night!

Donations and Bequests

Donations and bequests to Sellers Senior Center are deductible for the purpose of computing income and inheritance taxes under the law for donations and bequests for charitable corporations.

Memorial Fund: Contributions to this living memorial is a very thoughtful way of perpetuating the memory of our friends and loved ones. Their families will be notified of your remembrance.

United Way Donations: When making donations to United Way, remember to write in Sellers Senior Center's code **#9063** on the back of the card. We are also a member of the United Way of Southern Pennsylvania. For Pennsylvania donations please use **#48809**.

Reading Terminal Market

Tuesday, December 23 10:00am-1:00pm



Cost: \$5.00



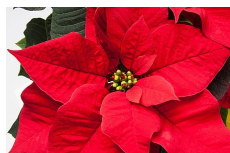
Discover the Market!

One of America's largest and oldest public markets, housed since 1893 in a National Historical Landmark building, the market offers an incredible selections of locally grown & exotic produce, locally sourced meats and poultry, plus the finest seafood, cheese, baked goods and confections. Plus the widest variety of restaurants under one roof.

Please sign up in the office beginning 11/4

Poinsettia Fundraiser

Stay tuned for details about our upcoming
Poinsettia sale!



Center Closings

Nov. 27, 28 in observance of Thanksgiving & Dec. 24, 25, 26 & Jan. 1 in observance of Christmas & New Years.

Puzzle Nook

Stop by our Library and see the great selection of Jigsaw Puzzles we have to choose from. There is always a puzzle in the process of being completed. Put in a few pieces or stay the afternoon.

Donations
Thank you

Linda & Len
Thomas
Fran McCormick





Thanksgiving

WORD SEARCH

N V N W Y L D R R R Y F P C M M
M C A S S E R O L E L T W P P C
G R A V Y G F N R D I L G R U B
M M W K H X R M A K M N Z Z M T
N A Y L B T V E H D A K C N P L
H P Y N C T R T Y Y F P R O K U
S C Q F K B U T E N J Y A V I F
M D O Z L O X K Q N W A N E N K
I W K R M O R G L M J D B M P N
R X Q Y N U W U L U B S E B I A
G N L Q T U F E T T P R R E E H
L P P Z K E C R R U T U R R J T
I T W Q T T V O K A W H Y W B M
P O T A T O E S P L K T R K L M
M Z R T L L A F E I P N A C E P
Q G N I V I G S K N A H T Y Z Q

AUTUMN

FALL

NOVEMBER

PUMPKINPIE

BREAD

FAMILY

PECANPIE

THANKFUL

CASSEROLE

GRATEFUL

PILGRIMS

THANKSGIVING

CORNUCOPIA

GRAVY

PLYMOUTH

THURSDAY

CRANBERRY

MAYFLOWER

POTATOES

TURKEY





ShopWithScrip

Sellers Senior Center Fundraiser!

Getting ready to shop for the holidays? Stop right there, buy your gift cards from **Sellers Senior Center** and help us raise money for our center. Please share this information with your friends and family.

What is SCRIP?

SCRIP is simply gift certificates or gift cards that you purchase from us at face value. They look the same as gift certificates / gift cards you might purchase directly from the store. You use them at the store, restaurant, gas station, theater, etc....the same as cash. You do not pay anything extra. No activation fees when you buy a Visa Card!.

How do we raise money with SCRIP?

The participating retailers agree to sell us the gift certificates for less than their face value. You pay what they are worth (the face value) and the difference is our profit. The profit is issued to the Sellers Senior Center.

Ordering SCRIP

To get SCRIP, simply bring your list of cards you'd like to purchase, along with payment to the front desk. Please be sure to add the amount you'd like to purchase as well.

Our first order is due no later than **Monday, November 24, 2025.**

Turnaround time should be approximately 1 week. We will be placing another order before the holidays on **Monday, December 8, 2025.**

A complete list of participating stores in Sellers main office!

November Babies

11.1 Juan Miranda

11.2 Darlene Atta

Elaine Hill

11.5 Chris Kuipers

11.6 Len Bordzol

Jim Deford

Marcia Tremper

11.7 Louise Lyons

11.9 Barbara Richardson

11.11 Harlene Dennison

Pat Modispaugh

11.12 Kathy Patane

11.13 Valerie Green

Jeannie Madaline

Larry Walker

11.14 Gail Labrosciano

11.17 Angela D'Taddeo

Jeanne Dorovich

11.19 Mary Lee

Brian Pierce

Gil Wilbur

11.20 Kathy Trent

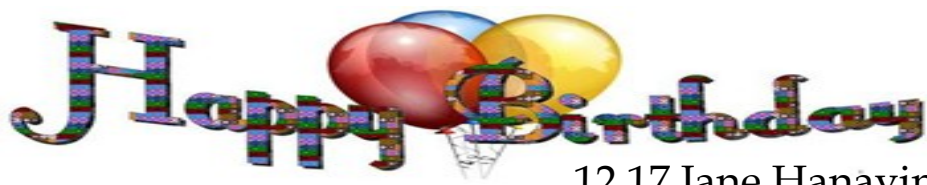
11.23 Doug DeVoll

Will Donovan

11.24 Bert Opher

11.25 Eilene McKee

11.26 Patty Painter



11.27 Bing Cardall

Beverly Henderson

11.28 Carol Bohenek

Vivian Gebhart

Barbara Krueger

11.29 Ann Hornig

December Babies

12.3 Marlene Bennett

Carolyn Johnson

12.4 Darlene Atta

Anna Beane

12.5 Jim Day

Pat Dougherty

12.6 Carol Marshall

12.8 Jeanne Higley

Bert Modispaugh

Sharon Popo

12.9 Lorraine Case

12.10 Diane Larrimore

12.11 Carolyn Welsh

12.12 Maryanne Silletti

Ubel Valez

12.13 Joanne Donegan

12.14 Cathy Lovell

12.15 Phyllis D'Ambrosio

12.16 Andrea Preston

Judith Vale

12.17 Jane Hanavin

12.18 Carol Saxby

12.21 Dawn Doubet

Maryanne Sedivec

12.22 Rita Lambdin

Eleanor Rozmarynoski

Mary Jet Woodring

12.23 Rachel Hayoun

Grace Miller

12.24 Freida Capone

12.25 Betty Wilbur

Maryanne Walsh

12.26 Pat Comegys

Faye Quarterman

Mary Thurman

12.28 Erika Gleaser

Joe Wojciechowski

12.29 Elaine Kurtz

Elaine Mooney

Joan Nolan

Shirley Stout

12.31 Kathy Alford

Ginny Bowers

Isabelle Husbands

Happy Belated Birthday!

9.15 Irma Minutola

10.29 Brenda Almoney

Sellers 2800 Silverside Rd.

Senior Wilmington, DE 19810

(302) 762-2050

Center

Sellers Trip Sign-up Form

Non-members must wait a week after sign ups start to sign up (if we have openings)

Qty	Trip/Activity	Price	Paid
	Inspired by Touch Massage Tues, 11/11, 11/25, 12/9, 12/23	See Newsletter	
	Reiki Mon, 11/10, 11/24, 12/8, 12/29	See Newsletter	
	Mystery Lunch 11/13	Trans Cost \$4	
	Health & Wellness Event 11/14	Free	
	Thanksgiving Luncheon 11/18	\$4 & can good	
	Christmas Village 12/2	Trans Cost \$5	
	Holiday Party 12/9	\$4	
	Holiday Craft 12/11	\$5	
	Blue Rock Concert 12/17	Free	
	Holiday Gathering –FAVA 12/18	\$44 See Newsletter	
	Reading Terminal Market 12/23	Trans \$5	
	Medication Cost Review 11/18 & 12/16	Free	
	Charter Trips ~		
	American Music Theater -Deck The Halls 12/16	\$145	

Total_____

Name:_____ **Date**_____ **Cash / Check #**_____

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition, and advocacy.

The programs and services of Sellers Senior Center, Inc. are in part sponsored by the State of Delaware Division of Aging, The Nutrition Program for New Castle County's Senior Generation (City Fare) and the United States of America Older Americans = Act, Title 111C.