

Sellers Senior Center

MAY/JUNE 2026

2800 SILVERSIDE ROAD WILMINGTON, DE 19810
(302) 762-2050 FAX: (302) 762-2051

facebook 

SELLERSSENIORCENTER@VERIZON.NET

WEBSITE: WWW.SELLERSSENIORCENTER.ORG

LIKE US ON Facebook: SELLERS SENIOR CENTER

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City Fare Site Manager -
Jeannie Whye

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Honorary Member

John Weaver

A Taste of Wellness Health Fair

Sellers Senior Center Presents

A Taste of Wellness

Health Fair

Thursday, May 7, 2026

11:00am-1:00pm

*Vendors will feature a tasting inspired by
the country of their choice.*

Be sure to stop at every vendor table for your chance to win a

\$100 Visa Gift Card

All are welcome! Invite your neighbors and friends to join us.

This is a free event.

2800 Silverside Rd. (Inside Silverside Church)

Wilmington, DE 19810

Please Note:
First day of trip
sign ups will be
Friday, 5/1
Beginning at
9:30am.



Services Available

Hours of Operation:

Monday & Tuesday

8:30—3:30pm

Wed., Thurs., Friday

8:30—2:30pm

Instructors:

Fitness -

Eric Wolf

Creative Cards -

Ellen Paoletti

Cardio Drumming-

Mary Ellen Luise

Painting -

Colleen Hover

Tai Chi Chih -

Christine Sapp

At the time of publication of our bi-monthly newsletter, the Information is as complete and accurate as possible. All items are subject to change.

Library: Books can be borrowed during center hours. Returned books should be placed in the basket. Our dedicated “librarians” will keep our library in order..

Not accepting books 2015 or older. 

Postage Stamps sold in the office. 

DE Durable Power of Attorney: Financial

Guide to Services for Older Delawareans: A publication for Older Delawareans and Persons with Disabilities.

Handicapped Parking: Placard application

Paratransit: Tickets are available in the main office for \$10 per strip. ID required. Applications also available

School Tax Credit: Senior deduction in taxes. (form)

Senior Roll Call: This daily telephone service provides added comfort and security that you may need to maintain your independence. To enroll call 302-395-8159.

Membership Information



Welcome New Members: Patricia Saraga, Elizabeth Henry, Dan Weber, Susan Walsh, Robin Lange, Catherine Palopoli, Christine Persicketti, Kamphon Milburn

Thinking of You: Joe VanSuch, Eileen Denis, Karen Outten, Cindy Grant, Gil Wilbur, Millie Burke, Abe Wiley, Eleanor Rozmarynoski, Pat Comegys, Joe Wojciechowski, Barbara Schinchirimini, Gary Richardson, John King

In Memory of: Dorothy Mederios, Connie Richardson, Phyllis King

Nutrition Program

City Fare offers a hot meal or bagged supper to those 60 years of age and older.

A donation for the meal is based on income.



Suggested cost: Hot meals and Bag Suppers are now \$4.00 each

Persons under 60 years of age are required by government regulations to pay \$8.00.

Note: Please make reservations by noon the day before. Cancellations must also be made by noon the previous day.

Health and Fitness



'Feel Better' Fitness Class "If you don't MOVE it - you will LOSE it."

Classes consist of: 10-15 min. walking paced warm-up, 30 min. work-out while sitting, 10 min. standing work-out, and 5 min. relaxation cool down. These exercises are good for Seniors with Arthritis, Osteoporosis, or Cardiac Rehab. Participants will gain muscular strength, endurance, and flexibility through gentle movements, chair exercises and stretching.

Monday, Wednesday, and Fridays from 9:00-10:00 & 10:15- 11:15am

Cost: \$3 per class Instructor: Eric Wolf

The 10:15 class has reached capacity. We encourage you to attend the 9:00 class if possible.

Wii Bowling



Congratulations to all of our bowlers!

We are always in need of bowlers. If you would like to bowl in September for the 2026/2027 year, please stop by the office and sign up. Subs always needed as well.

If any teams would like to continue bowling through the summer just for fun, we are hoping to keep it going!

It will be just our center, so there's no pressure, just a chance to have fun and get in some practice.

Please let the office know if your team would like to participate.

Ongoing Activities



Bingo: Fridays, 12:30—2:00pm. Bring your nickels and enjoy refreshments with friends. Donations are always appreciated. Callers: Alex Sokolski & Suzanne Scolis

Bridge: Duplicate Bridge (requires a partner)—Tuesdays, 9:00am - 12:00pm.

Bridge: Duplicate Bridge (requires a partner) - \$3 every Thursday, 9:00am-12:00pm. For more information, contact the office.

Bunco Every Monday from 10:00am - 12:00 noon. Cost: \$2.00 (cash prizes)

Canasta: Thursdays 12:30-2:30pm, Fridays 10:00am-12:00 noon. Beginners welcome.

Cardio Drumming Tuesdays 1:00-2:00 \$3 per Class

Creative Cards: Learn to make creative cards you can send to your family and friends. Events are geared towards fun, fellowship and learning. Second & fourth Thursdays of each month at 11:00am. Sign up 2 weeks in advance. For more info and to sign up contact: stampwithellen@aol.com

Pinochle: Mondays and Tuesdays, 12:30 –3:30. **New Pinochle players needed!**



Painting Class: A fun painting class with acrylic paint on canvas. 2nd & 4th Wednesday of each month at 1:00pm. \$6 includes instruction, canvas & paints. **Beginning in July, cost will increase to \$8**

Tai Chi Chih: Thursdays 10:00-11:00am \$3 per class



Wii Bowling Interested in joining a team, please contact the office.



Philadelphia Chinese Lantern Festival

Thursday, June 11 5:30-9:00pm Trans Cost: \$6

Tickets can be purchase at the gate that evening for \$25

Experience the magic with an all-new collection of handcrafted Chinese lantern displays that showcase the artistry and cultural heritage behind the centuries-old tradition of lantern-making. Explore glowing landscapes filled with magnificent, illuminated sculptures. See one of a kind themed lanterns that celebrate the global events coming to Philly this summer. You will also find displays of animals and flowers, all brought to life through traditional Chinese lantern art.

You many want to plan to eat upon arrival to allow some time so you can better view the light display.

La Pizzeria Metro Give Back Fundraiser

Come join us on **Wednesday, May 20**, for a give back fundraiser at La Pizzeria Metro. This offer is good for the entire day **(11 am-9 pm)** for dine in or take out. La Pizzeria Metro will donate 10% of all food sales to Sellers. Please mention the senior center at time of ordering.

3101 Miller Road, Wilmington, DE 19802.

Thank you so much for supporting a local business and Sellers Senior Center!



SIMPLIFY FOR SUCCESS – Prepare to Prepare Game Show!

Wednesday, May 20 at 1:00pm

As we age, our needs and priorities shift, and downsizing becomes an important step in simplifying life. Join our workshop to learn practical tips for organizing, passing on items, and creating a stress-free space. We'll cover how to prepare your home to sell for top dollar, whether you're planning a move soon or just exploring your options Game Show style. Let's turn downsizing into an exciting opportunity to embrace the next chapter with confidence and ease!

Presenters: Cathy Ortner, Brian George | Ortner & George Group

Please sign up in the office beginning 5/1

Inspire by Touch Massages

“Inspire by Touch”

Khalil Abdul-Majid will be here at Sellers **May 12, 26 June 9, 23**

Cost: 10 Minutes- \$5.00

15 Minutes - \$10.00

30 Minutes - \$25.00



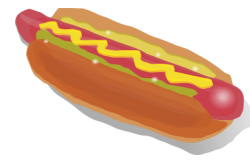
Scheduling appointments with **payment** are made in the office.

Please be advised that if you do not show for your appointment, we will not grant a refund. If you should need to cancel please give 24 hours notice if possible.

Fourth of July Outdoor Picnic



Thursday, July 2



Time: 12:00

Sellers will provide the hamburgers, hotdogs & cold drinks!

**We are asking that you bring a covered dish to share!
Sign up sheet will be in the office beginning 5/1.**

Please bring a lawn chair!

Our Mission

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition and advocacy. Membership is welcome to anyone 50 years of age or older regardless of religion, gender, race, or color.

Breakfast Bingo



Thursday, June 18



Join us for Breakfast & Bingo!

Breakfast at 10:00am - Bingo at 10:45am

Cost: \$8

**Pancakes, Sausage, Juice, Coffee & Hot Tea
will be served**

10 games of Bingo, Door Prizes, & 50/50

Sign up in the office beginning 5/1.

AARP Defensive Driving



Basic course (6 hr) will be held on, **Thursday, June 25, from 9am-3pm** \$20 for AARP Members, \$25 for Non Members. Cash or check accepted. Checks can be made payable to AARP.

Please see Sellers office to sign up!

Wilmington Greek Festival



Tuesday, June 2 11:00am-2:00pm Cost\$ 4

The Wilmington Greek Festival is a vibrant celebration of Greek culture, faith, heritage, and mouthwatering cuisine

You will enjoy homemade Greek food, music, dancing,
& more.

Sign up in the office beginning 5/1.



Trip Guidelines

Everyone attending Sellers trips must be able to care for their own personal needs and make independent decisions for themselves.

Also, consider the amount of walking that is involved with our bus trips. If assistance is required by the participant he or she must provide their own caregiver and pay for same.

- ◆ Payments for all trips must be made at time of sign-up.
- ◆ Times listed for trips reflect departure/arrival times to and from the center.
- ◆ The bus will start loading passengers 15 minutes prior to departure.
- ◆ Departure time will be as scheduled with or without all passengers.
- ◆ Prepaid tickets for events are not refundable unless a replacement is found.
- ◆ Please remember to park furthest from the center when going on trips.

Medication Cost Review



Do you have questions about the cost of your medications?
Would you like to see if you can save money on your medications?

Debbie Kling, is a retired social worker having worked for
Christiana Care for over 30 years.

Debbie is also a Sellers Board Member.

Bring in your medication list and see if there are more
affordable options.

You will need to bring your current medication list, print out from
your pharmacy of your medication costs and your
insurance card.

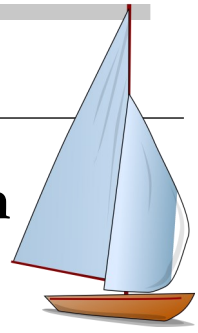
When: Tuesday, 5/19

If interested please sign up for a time slot in the main office!

Schaefer's Canal House

Tuesday, June 9 11:30am-3:00pm

Transportation Cost: \$5.00



Schaefer's Canal House is tucked away in the historic town of Chesapeake City, Maryland. Their menu is comprised of a variety of scrumptious seafood dishes. Enjoy lunch on your own with a beautiful view of the C& D Canal.

Sign up in the office beginning 5/1.

Wilmington Drama League



Wilmington Drama League Presents

Thursday, May 28 at 8pm

Sister Act delightfully combines the convent life with Motown, soul, funk, R&B and disco is this comedic romp that will have you dancing in the aisles!

No tickets required for preview night!

Celebrating Moms & Dads

Friday, May 8th at 10am - Muffins for Mom

Monday, June 22 at 10am - Donuts for Dad



Coffee, Tea & Juice will also be served!

Please let the office know if you can make it!



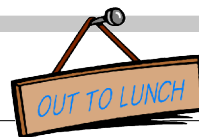
Donations and Bequests

Donations and bequests to Sellers Senior Center are deductible for the purpose of computing income and inheritance taxes under the law for donations and bequests for charitable corporations.

Memorial Fund: Contributions to this living memorial is a very thoughtful way of perpetuating the memory of our friends and loved ones. Their families will be notified of your remembrance.

United Way Donations: When making donations to United Way, remember to write in Sellers Senior Center's code **#9063** on the back of the card. We are also a member of the United Way of Southern Pennsylvania. For Pennsylvania donations please use **#48809**.

Mystery Lunch



Tuesday, May 19 & Thursday, June 25

Time: 11:30am-2:30pm

Trans Cost: \$4.00

Sign up in the office beginning 5/1.

A Day out at Havre De Grace, Md

Join us for a lighthouse and Trans Cost \$5
Harmer's Art Center Tour! Tour Cost \$10

Enjoy the waterfront vistas and the beautiful old buildings as you learn about Havre De Grace's history and architecture.

Thursday, May 21st 9:30am - 3:00pm

After the tour enjoy lunch on your own at **Tidewater Grill!** You may also enjoy visiting nearby Bomboys for homemade candies and ice cream.



Sign up in the office beginning 5/1.

Center Closings

Sellers will be closed on Monday, May 25 in observance of Memorial Day and Friday, June 19 in observance of Juneteenth.

Puzzle Nook

Visit our library to see our great selection of jigsaw puzzles. There is always a puzzle in the process. Put in a few pieces or stay for the afternoon!



The Candlelight Dinner Theatre - Arden, DE

Sunday, August 9

Cost: \$69.50



Doors open at 1:00 for lunch Show starts at 3:00

Transportation not available

Little orphan Annie charms everyone's hearts as she attempts to find the parents who abandoned her years ago on the doorstep of a New York City orphanage. Based on the popular comic strip by Harold Gray, *Annie* has become a worldwide phenomenon and was the winner of seven Tony Awards, including Best Musical. The beloved book and score by Tony Award winners Thomas Meehan, Charles Strouse, and Martin Charnin features some of the greatest musical theater hits ever written, including "Tomorrow."

Sign up in the office beginning 5/1.

Notary Services

Please contact Jennifer to make an appointment .

\$5.00 minimum donation to the center.



American Music Theatre - Winter Wonderland/Shady Maple

Wednesday, December 16 Cost \$148



Trip includes: Smorgasbord Luncheon at *Shady Maple* at 11:30am, Admission to the

“*Winter Wonderland*” Show at American Music Theatre at 3:00pm

Depart for Home at 5:30, Arrive at Sellers 7:15pm

\$50 Deposit due at time of sign up!

Sign up in office beginning 5/1



Extended Care Presentation

Hosted by Bankers Life



Thursday, June 4 | 1:00 PM – 2:00 PM

Join Anthony Castelluccio & Leandra D’Ambrosio for an informative session covering:

The real costs of long-term care, How to protect your assets and income, Options to stay in your home longer, Funding options and available resources, Planning strategies to avoid burdening your family.

Please sign up in the office.

Light refreshments will be served!

Happy Birthday

May Babies

5.1 George Kehner
5.2 Emma Busche
Bonnie Redmile
5.7 Hsui Lee
5.9 Marte Hubbard
5.10 Rose Hobson
5.11 William Lee
5.12 Linda Lyons
Bonnie McEwan
Juanita McCracken
Sylvia Reid
5.14 Nora Whistant
5.15 Eddi Hager
5.20 Rosie Volpe
5.23 Anthony Biancaniello
Karen Outten
5.26 Ron Nordheimer
Patty Sexton
5.27 Joanne Chism
5.28 Shirley Pierce
5.29 Neil Blanchette
Joan Joseph
5.30 Kay Rzucidlo

June Babies

6.1 Barbara Longyear
6.2 Will Baldwin
Katherine Issaris
6.3 Hema Patwa
6.5 Barbara Lewandowski
Gerry McIntosh
6.6 Carmela Brown
6.7 Barbara Bell
Kathy Francis
Adria Garhart
6.8 Jo Krause
6.9 Barbara Falstad
Jane George
Patty Painter
6.11 Walter Doggett
6.13 Carl Bowman
6.14 Cathy Callahan
6.19 Ellen Zickefoose
6.21 Bea Kloster
Inessa Litvinova
Joe Vansuch
6.25 Vicky Fike
Muriel Walters
6.26 Jim Kloster

6.27 Kris Brooks
Peter Garofalo
Connie Steinberg
6.30 Betty Pinchin

Belated Birthdays!

4.11 Janet Fretz



Sellers 2800 Silverside Rd.

Senior Wilmington, DE 19810

(302) 762-2050

Center

Sellers Trip Sign-up Form

Non-members must wait a week after sign ups start to sign up (if we have openings)

Qty	Trip/Activity	Price	Paid
	Inspired by Touch Massage Tues, 5/12, 5/26, 6/9, 6/23		See Newsletter
	Muffins for Mom	5/8	Free
	Medication Review	5/19	Free
	Mystery Lunch	5/19	Trans Cost \$4
	Simply For Success	5/20	Free
	Havre De Grace	5/21	Trans Cost: \$5 Tour Cost: \$10
	Greek Festival	6/2	Trans Cost \$4
	Extended Care Presentation	6/4	Free
	Schaefer's Canal House	6/9	Trans Cost: \$5
	Chinese Lantern Festival	6/11	Trans Cost \$5
	Breakfast Bingo	6/18	\$8
	Donuts for Dad	6/22	Free
	Mystery Lunch	6/25	Trans Cost \$4
	July 4th Picnic	7/2	Please sign up in office to bring side dish
	The Candlelight Theatre—Annie	8/9	\$69.50
	Charter Trips ~		
	AMT - Winter Wonderland	12/16	Cost: \$148 Deposit \$50

Total _____

Name: _____ Date _____ Cash / Check # _____

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition, and advocacy.

The programs and services of Sellers Senior Center, Inc. are in part sponsored by the State of Delaware Division of Aging, The Nutrition Program for New Castle County's Senior Generation (City Fare) and the United States of America Older Americans = Act, Title 111C.