

Sellers Senior Center

MAY/JUNE 2023



1800 SILVERSIDE ROAD WILMINGTON, DE 19810
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SELLERSSENIORCENTER@VERIZON.NET
WEBSITE: WWW.SELLERSSENIORCENTER.ORG
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Staff:

Executive Director -
Linda Murphy

Administrative Asst.
Jennifer Brooks

**City Fare Site
Manager –**
Jeannie Whye

Board of Directors:

President -
Kathy Scott

Vice President -
Christie Moretti

Pat Anker

JJ Beans

Alice Collins

Shane Galanti

Brooke Groff

Peachy Tabangin-Griffin

Dr. David Wilderman

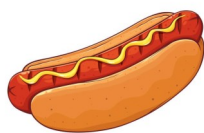
Kim Williams

Cecilia Willis

**Honorary Mem-
ber**

John Weaver

Fourth of July Outdoor Picnic



Thursday, July 6
Time: 12:00pm



**Sellers will provide the hamburgers,
hotdogs & cold drinks!**

**We are asking that you bring a covered dish
to share!**

Sign up sheet will be in the office!

Please bring a lawn chair!

Shredding Event



Ortner & George Shredding Event

Saturday, May 6

9am-12pm (or until truck is full)

In the parking lot of Silverside Church

Hours of Operation:

Monday & Tuesday

8:30—3:30pm

Wed., Thurs., Friday

8:30—2:30pm

Advisory Council:

Secretary

Kay Rzucidlo

Members

Maryanne Cluff

Linda Deeney

Norma Dolan

Ginny Feeley

Ruth McDannell

Mimi Moore

Len Thomas

Helen Winkelman

Instructors:

Fitness -

Eric Wolf

Creative Cards -

Ellen Paoletti

Cardio Drumming-

Mary Ellen Luise

Painting -

Colleen Hover

Services Available

Library: Books can be borrowed during center hours. Returned books should be placed in the laundry basket. Our dedicated “librarians” will keep our library in order.. Not accepting books 2015 or older.



Notary Services: Call Linda in the main office to make an appointment. \$5.00 minimum donation.

Stamps: Postage stamps are available for purchase in the office.



Available in Office

DE Durable Power of Attorney: Financial

Five Wishes: Five Wishes is a legal document that lets adults plan how they want to be cared for in case of a serious illness. Cost: \$1.

Golden Club: Free admission to all Brandywine School District sponsored Activities.

Guide to Services for Older Delawareans: A publication for Older Delawareans and Persons with Disabilities.

Handicapped Parking: Placard application

Paratransit: Tickets are now available in the main office for \$10 per strip. ID required. Applications also available

School Tax Credit: Senior deduction in taxes. (form)

Senior Roll Call: This daily telephone service provides added comfort and security that you may need to maintain your independence.



Membership Information

Welcome New Members: Tim Spence, Frank Fawcett, Raymond Messina, Joanne Dougherty, Eddi Hager, Irene Dawson, Barbara Cleary, Ted Sobczyk, Lorraine Sobczyk, Sandra Hansen, Gail Labrosccio, Joanne Lowry, Gil Wilbur, Carole Francis, Frederick Ringer

Welcome back returning members! We missed you!

Thinking of You: Joe VanSuch, Holly VanSuch Eileen Denis, Karen Outten, Helen Hahn, Richard Lewis, Kathleen Gegan, Mary Brooks, Marty Wilson

In Memory of: Theresa Iadisernia

Nutrition Program



City Fare offers a hot meal or bagged supper to those over 60 years of age. A donation for the meal is based on income. Suggested cost: Hot meal is \$2 & Bag Supper is \$1. Persons under 60 years of age are required by government regulations to pay \$6.50 for their meal.

Note: Cancellations must be made by noon the previous day.

If you place an order for a meal at SSC and do not show or call to cancel (within the allowed time frame) and a substitute is not found, *you will be asked to pay for that meal.*

Health and Fitness



'Feel Better' Fitness Class "If you don't MOVE it - you will LOSE it." Classes consist of: 10-15 min. walking paced warm-up, 30 min. work-out while sitting, 10 min. standing work-out, and 5 min. relaxation cool down. These exercises are good for Seniors with Arthritis, Osteoporosis, or Cardiac Rehab. Participants will gain muscular strength, endurance, and flexibility through gentle movements, chair exercises and stretching.

Monday, Wednesday, and Friday from 9:15-10:15 & 10:30- 11:30am

Cost: \$3 per class

Instructor: Eric Wolf

All new members who are interested in a class, please see the office.

Silverside Church Book Club



Meets 1st & 3rd Wednesday at 12:00

Current Book: A New Earth—Eckhart Tolle

Our Mission

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition and advocacy. Membership is welcome to anyone 50 years of age or older regardless of religion, gender, race or color.

Donations and Bequests

Donations and bequests to Sellers Senior Center are deductible for the purpose of computing income and inheritance taxes under the law for donations and bequests for charitable corporations.

Memorial Fund: Contributions to this living memorial is a very thoughtful way of perpetuating the memory of our friends and loved ones. Their names will be engraved on our Memorial Plaques (which hang in our Great Room) and their families will be notified of your remembrance. Your name will be recorded in our Book of Memorials.

United Way Donations: When making donations to United Way, remember to write in Sellers Senior Center's code **#9063** on the back of the card. We are also a member of the United Way of Southern Pennsylvania. For Pennsylvania donations please use **#48809**.

The Candlelight Theatre

Sound of Music Sunday, August 20th



One of the most beloved musicals of all time! The final collaboration between Rodgers & Hammerstein, based on the memoir of Maria Augusta Trapp, features a trove of cherished songs.

Cost: \$55 Includes meal & show

Doors open at 1:00 for lunch, show begins at 3:00

Transportation will not be provided.

Cardio Drumming



Gale Jones has graciously offered to substitute until Mary Ellen returns.

Beginning Tuesday May 2 from 2:30-3:30pm (new time)

Cost: \$3

First class will be free!

Center Closings

**Sellers will be closed on
Monday,
May 29**

Advisory Council Meeting:

**Next meeting
Wednesday,
May 3rd
& June 7th**

At the time of publication of our bi-monthly newsletter, the Information is as complete and accurate as possible. All items are subject to change.

Ongoing Activities



Bingo: Fridays, 12:30—2:00pm. Bring your **nickels** and enjoy refreshments with your friends. Donations are always appreciated. Caller:s: Joanne Donegan & Suzanne Scolis

Bridge: Duplicate Bridge (requires a partner)—Tuesdays, 9:00am - 12:00pm.

Bridge: Duplicate Bridge (requires a partner) - \$3 every Thursdays, 9:00am-12:00pm. For more information, contact the office.

Bunco Every Monday from 10:00am - 12:00 noon. Cost: \$2.00 (cash prizes)

Canasta: Fridays 10:00am-12:00 noon. Beginners welcome.

Cardio Drumming Tuesdays 2:30-3:30pm \$3 per Class

Creative Cards: Learn to make creative cards using a wide variety of paper crafting products: rubber stamps, punches, ink pads, die cuts and more! Second & fourth Thursdays of each month at 10:00am. **Class is advanced.** Class size limited to 12. Reservations are required 1 week in advance. Cost: materials only. *If you don't show up for the class you are still required to pay the instructor.*

Game Day: 2nd & 4th Thursday at 12:30pm

Mahjong: 1st, 3rd & 5th Wednesday at 1:00pm New players please contact the office.

Pinochle: Mondays and Tuesdays, 12:30 –3:30. **New Pinochle players needed!**



Painting Class: A fun painting class with acrylic paint on canvas. 2nd & 4th Wednesday of each month 1:00-3:00pm \$6 includes instruction, canvas & paints.

Stitch & Chat 1st and 3rd Thursday at 1:00pm

Zendoodle: Every other Monday at 1:00pm. You'll need a sketch book and a Pigma Micron pen.

AARP Defensive Driving



**Refresher course will be held on Thursday, May 25th
from 9am-1pm**

\$20 for AARP Members, \$25 for Non Members

Cash or check accepted. Checks can be made payable to AARP.

Please see Sellers office to sign up!

Blood Pressure Screenings

**Gail Haley, Sellers member & retired nurse will be here on the 1st & 3rd Friday
of each month to take blood pressure screenings from 11:30am-1:00pm**

Woody's



Thursday, May 25 10:30am-2:30pm

Reservation at 11:30am

Trans Cost: \$4.00



Special available that day - Lobster meal-1 1/2 lb.

Comes with choice of 2 sides. \$20 Drink & tip not included!

Other menu options available

This trip is rescheduled from March and for those that were on the bus and did not get to go.

We'd be happy to add others to the waitlist, if a spot should open we'd be in touch.

Bracelet Making Class

Join Kay Rzucidlo on **Wednesday May 31 at 1:00pm**

We will be making a beautiful beaded bracelet!

Cost: \$12

Please sign up in the office beginning May 1.



No Sew Rope Basket Class

Join the fun as Linda teaches the class how to make a
no sew rope basket

Thursday, June 15 at 1:00pm Cost: \$8

Sign up in the office beginning May 1st!

Happy Birthday!



May Babies

5/1 Jonathan Joseph
5/2 Emma Busche
Bonnie Redmile-McEwan
5/5 Fay McCall
5/8 Nancy Wolpert
5/12 Juanita McCracken
5/14 Ann Eskow
5/16 Peggy Duffy
5/19 Patricia Acocella
5/20 Marie Neal
Rosemary Volpe
5/21 Ann Roberts
5/23 Phyllis Kucharczuk
Karen Outten
5/25 Ann Vandergrift
5/27 Joanne Chism
5/29 Diana Banner
Audrey Jordan
Joan Joseph
5/30 Kay Rzucidlo

June Babies

6/1 Barbara Longyear
6/2 Will Baldwin
Eileen Daniels

6/5 Peggy Hearn
Gerry MacIntosh
Connie Richardson
6/7 Kathy Francis
Christos Kypriapou
6/8 Jo Krause
6/9 Patty Painter
6/12 Frank O'Brien
Jerry Poore
6/18 Sandy Gartner
6/20 Evelyn Druding
6/21 Mary Lewis
Inessa Litvinova
6/25 Muriel Walters
6/27 Pete Garofalo
6/29 Mary Mervine
6/30 Betty Pinchin



Happy Belated Birthday

3/4 Stephanie Hummel
4/12 Wayne Pease
4/14 Marie Parks

Kitchen Kettle Village



Tuesday, June 13 10:00am-3:00pm

Transportation Cost: \$5.00

Browse over 40 local shops in one outdoor shopping village, filled with Lancaster County food, fresh baked goods and tasty canned goods. Enjoy lunch on your own in one of their local restaurants.

Pizza Bingo



Thursday, June 29th

Cost: \$6

Lunch served at 12:00pm

Bingo to begin at 12:45pm

2 Slices of Pizza, Chips, Drinks

10 Games of Bingo, 50/50 & Door Prizes

First day of sign up is 5/1, Last day to sign up is 6/22

Wilmington Drama League



Freaky Friday

Thursday, June 8th at 8:00pm

Freaky Friday, based on the popular movie series, is a tuneful comedic romp about the ultimate teen/parent role reversal

Free Admittance - No tickets required!

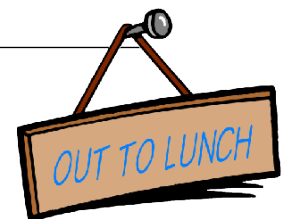
Mystery Lunches

Tuesday, May 16 - Asian Cuisine

Thursday, June 8

Leaving the center at 11:15am. Reservation at noon

Sign up to begin on May 1.



Upcoming - Candlelight Theatre

Sunday, November 26th - It's a Wonderful Life

Sign up to begin in September

New Cook Book Idea



Sellers Senior Center is in the beginning stages of putting together a cookbook with all of our member's wonderful recipes. If you are interested in having your family or favorite recipes in our book, bring them into the main office prior to August 18. You can bring as many as you would like but there is no guarantee that all of them will be used. It will depend on how many recipes we receive. Recipes can be returned upon request.

Erin's Pub



Tuesday, June 20th

Leaving 11:30am Reservation 12:00pm

Cost: \$22.00 includes, transportation, meal, drink & tip.

**Menu: Choose one Entrée, Prime rib, Broiled Salmon
or Chicken Parmesan**

Includes 2 Vegetables, Salad, Soda, Tea & Coffee

**This trip is rescheduled from the cancelled trip in
March. If you were scheduled on the bus, you get to
be first on this trip.**

We'd be happy to add others to the waitlist, if a spot
should open we will be in touch.

For those that were signed up to go in March, please let us
know if this new date works for you.

Sellers 2800 Silverside Rd.

Senior Wilmington, DE 19810

(302) 762-2050

Center

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition, and advocacy.

The programs and services of Sellers Senior Center, Inc. are in part sponsored by the State of Delaware Division of Aging, The Nutrition Program for New Castle County's Senior Generation (City Fare) and the United States of America Older Americans = Act, Title 111C.