Sellers Senior Center

November/December 2026

2800 Silverside Road Wilmington, De 19810
(302) 762-2050 Fax: (302) 762-2051

Sellersseniorcenter@verizon.net
Website: www.Sellersseniorcenter.org
Like us on Facebook: Sellers Senior Center

Staff:

Executive Director -
Jennifer Brooks

Administrative Asst -
Michele Zeibari

City Fare Site Manager -
Jeannie Whye

Board of Directors:

President -
Matt Mayer

Vice President -
Kathy Scott
Alice Collins
Linda Deeney
Terri Doody
Shane Galante
Keisha Jacobs-Jackson
Debbie Kling
Linda Murphy
Kay Rzucidlo
Kristen Stetler-Donovan
Kim Williams

Honorary Member
John Weaver

Please Note:

First day of trip sign ups will be Monday, 11/2 Beginning at 9:30am.

Thanksgiving Luncheon

Join us for our Thanksgiving Luncheon!

Tuesday, November 17 Time: 12:00pm

Cost $4 plus a canned good

Menu: Turkey with Gravy, Stuffing, Cranberry Sauce, Mashed Potatoes, Green Beans & Pumpkin Pie.



Sign up in the office beginning 11/2.

Holiday Gathering

Celebrate the Season with us at a Holiday Lunch at ***Back Burner in Hockessin, DE***

Tuesday, December 15

Depart 11:30am Noon Reservation

Simply choose your meal from the main menu when we arrive!
No need to decide ahead of time!

Sellers will provide dessert!

Sign up beginning 11/2.

Services Available

Hours of Operation:

Monday & Tuesday

8:30—3:30pm

Wed., Thurs., Friday

8:30—2:30pm

Instructors:

Fitness -
Eric Wolf
Creative Cards -
Ellen Paoletti
Cardio Drumming-
Mary Ellen Luise
Painting -
Colleen Hover
Tai Chi Chih -
Christine Sapp

At the time of publication of our bi-monthly newsletter, the Information is as complete and accurate as possible. All items are subject to change.

Library: Books can be borrowed during center hours. Returned books should be placed in the basket. **Accepting books published in 2015 and newer.** 

Postage Stamps sold in the office. 

Notary services available - please contact Jennifer to make an appointment. $5.00 minimum donation to the center. 

DE Durable Power of Attorney: Financial

Guide to Services for Older Delawareans: A publication for Older Delawareans and Persons with Disabilities.

Handicapped Parking: Placard application

Paratransit: Tickets are available in the main office for $10 per strip. ID required. Applications also available

School Tax Credit: Senior deduction in taxes. (form)

Senior Roll Call: This daily telephone service provides added comfort and security that you may need to maintain your independence. To enroll call 302-395-8159.

Senior Legal Hotline: A resource for Delawareans who are age 60 and older where callers can receive free legal advice on a variety of issues. No income requirements for the hotline. The advice is provided by DVLS staff attorney or a volunteer attorney. Hotline hours are 9:00-4:30 Monday– Thursday. New Castle County: 302-478-8680

Nutrition Program 

City Fare offers a hot meal or bagged supper to those 60 years of age and older. A donation for the meal is based on income. Suggested cost: Hot meals &, Bag Suppers are now $4.00 each Persons under 60 years of age are required by government regulations to pay $8.00. **Note:** Please make reservations by noon the day before. Cancellations must also be made by noon the previous day or you will be charged for the meal.

Membership Information

Welcome New Members: Carol Waslick, Colleen Quinn, Colleen Stone, Rosemarie Mullen, Karen McGurk, Pauline Lauer, Lucy Duko, Eileen Corrigan-Smith

Thinking of You: Joe VanSuch, Eileen Denis, Karen Outten, Cindy Grant, Gil Wilbur, Millie Burke, Millie McMenamin, Abe Wiley, Eleanor Rozmarynoski, Ron Nordheimer, Maryann Silletti, Linda Cardall, Barbara Longyear, Len Thomas, Barbara Richardson

In Memory of: Norma Dolan, Patricia Mason-Doyle

Health and Fitness



'Feel Better' Fitness Class "If you don't MOVE it - you will LOSE it." Classes consist of: 10-15 min. walking paced warm-up, 30 min. work-out while sitting, 10 min. standing work-out, and 5 min. relaxation cool down. These exercises are good for Seniors with Arthritis, Osteoporosis, or Cardiac Rehab. Participants will gain muscular strength, endurance, and flexibility through gentle movements, chair exercises and stretching.

Monday, Wednesday, and Fridays from 9:00-10:00 & 10:15- 11:15am

Cost: $3 per class **Instructor: Eric Wolf**

No Class on the following days - Monday, 12/28 & Wednesday, 12/30

Wii Bowling



Our Wii Bowling season is well underway, with 7 teams participating this season! The first session will end the week of **December 14th**, and the second session will begin on **January 4, 2027**. If you'd like to bowl a second set of reserved scores, please make sure they are submitted by **January 4.**

Friendly Reminders



AMT-Winter Wonderland final payment due 11/2

Candlelight - Scrooge final payment due 11/16

Ongoing Activities



Bingo: Fridays, 12:30—2:00pm. Bring your **nickels** and enjoy refreshments with friends. Donations are always appreciated. Callers: Alex Sokolski & Suzanne Scolis

Bridge: Duplicate Bridge (requires a partner)—Tuesdays, 9:00am - 12:00pm.

Bridge: Duplicate Bridge (requires a partner) - $3 every Thursday, 9:00am-12:00pm. For more information, contact the office.

Bunco Every Monday from 10:00am - 12:00 noon. Cost: $2.00 (cash prizes)

Canasta: Fridays 10:00am-12:00 noon. Beginners welcome.

Cardio Drumming Tuesdays 1:00-2:00 $3 per Class

Creative Cards: Learn to make creative cards you can send to your family and friends. Events are geared towards fun, fellowship and learning. Second & fourth Thursdays of each month at 11:00am. Sign up 2 weeks in advance. For more info and to sign up contact: stampwithellen@aol.com

Pinochle: Mondays and Tuesdays, 12:30 –3:30. **New Pinochle players needed!**



Painting Class: A fun painting class with acrylic paint on canvas. 2nd & 4th Wednesday of each month at 1:00pm. $8 includes instruction, canvas & paints.

Tai Chi Chih: Thursdays 10:00-11:00am $3 per class



Wii Bowling Interested in joining a team, please contact the office. Substitute bowlers needed as well!

Reading Terminal Market

Tuesday, November 24 10:00am-1:00pm



Cost: $5.00

Discover the Market!



One of America's largest and oldest public markets, housed since 1893 in a National Historical Landmark building, the market offers an incredible selections of locally grown & exotic produce, locally sourced meats and poultry, plus the finest seafood, cheese, baked goods and confections. Plus the widest variety of restaurants under one roof.

Sign up beginning 11/2.

Thanksgiving Basket items



We will be making Thanksgiving baskets for our friends in need. If you would like to donate an item to be included in the basket see the list below for suggestions.

Stuffing, Canned Goods, Cranberry Sauce, Instant Mashed Potatoes, or any other non perishable item you would like to donate.

Please drop off items to the office by Friday, 11/20. If you would like to help us put baskets together, we will be doing so on Monday, 11/23 from 10:00am-12:00pm

Philadelphia's Christmas Village



Tuesday, December 1 **11:30am-3:30pm**

Transportation: $5 Admission is Free

Christmas Village is an authentic open-air holiday market in Love Park with more than 120 Vendors set up in dozens of rustic wooden cottages, all offering a wide range array of authentic German and European-style eateries. Enjoy live music which also adds to the atmosphere. Grab hot chocolate, hot cider or coffee to warm up.



Sign up in the office beginning 11/2.

Inspire by Touch Massages

"Inspire by Touch"

Khalil Abdul-Majid will be here at Sellers November 10, 24 & December 8, 22

Table & Chair Massage will alternate Days

Cost For Table
11/10, 12/8
60 Minutes -$50.00



Cost For Chair
11/24, 12/22
10 Minutes -$5.00
15 Minutes - $10.00
30 Minutes - $25.00

Scheduling appointments with **payment** are made in the office.
Please be advised that if you do not show for your appointment, we will not grant a refund. If you should need to cancel please give 24 hours notice if possible.

Wear comfortable clothes. Schedule in the main office.

Breakfast Out & Noel at Nemours Estate



Wednesday, December 23 9:45am-2:30pm

Cost: $20 for the estate visit. Breakfast is on your own.

Enjoy breakfast at Route 3 Diner, followed by a festive visit to Noel at Nemours Estate!

Celebrate the holidays with Noël at Nemours!
Tour the festive displays in the 77-room Mansion, Chauffeur's Garage, gardens and grounds.

Sign up beginning 11/2.

Our Mission

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition and advocacy. Membership is welcome to anyone 50 years of age or older regardless of religion, gender, race, or color.

Wee Fancy British Tea Room

Join us for an afternoon tea at "Wee Fancy Tea" British Tea Room

Thursday, December 10 **10:30am-1:30pm**

Cost: $38.00 Includes menu below & Gratuity

Transportation Cost: $4.00

Four tea sandwiches – freshly sliced roast beef, chicken salad, cucumber dill, and egg salad, Four assorted freshly baked desserts, including scones with Devonshire cream and fruit preserves
Unlimited tea of your choice

Sign up beginning 11/2.

AARP Defensive Driving



Refresher Course (4 hr) will be held on, **Thursday, January 28, from 9am-1pm** $20 for AARP Members, $25 for Non Members. Cash or check accepted.
Checks can be made payable to AARP.

Center Closings

Listen to WDEL (1150AM) or at **www.wdel.com** for center cancellations or closings due to bad weather.
Listen for Sellers Senior Center to be announced.
This will give you accurate information about the center.



Trip Guidelines

Everyone attending Sellers trips must be able to care for their own personal needs and make independent decisions for themselves. Also, consider the amount of walking that is involved with our bus trips. If assistance is required by the participant he or she must provide their own caregiver and pay for same.

- Payments for all trips must be made at time of sign-up.
- Times listed for trips reflect departure/arrival times to and from the center.
- The bus will start loading passengers 15 minutes prior to departure.
- Departure time will be as scheduled with or without all passengers.
- Prepaid tickets for events are not refundable unless a replacement is found.
- Please remember to park furthest from the center when going on trips.

Holiday 50/50





Holiday 50/50 Raffle!

Feeling lucky this holiday season? Join in on our fun Holiday 50/50! Purchase your tickets for a chance to win **HALF the pot**, while the other half helps support the Center. It's a fun and festive way to spread some holiday cheer!

The drawing will take place November 18 – December 8.

Stop by the office to purchase your tickets!

Winner will be drawn on December 8.

Good luck, Everyone!

Wilmington Drama League Presents



The Christians - Thursday 11/5 at 8:00pm

Shrek The Musical - Thursday 12/10 at 7:30pm

No tickets required for preview night!

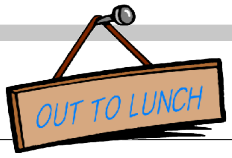
Donations and Bequests

Donations and bequests to Sellers Senior Center are deductible for the purpose of computing income and inheritance taxes under the law for donations and bequests for charitable corporations.

Memorial Fund: Contributions to this living memorial is a very thoughtful way of perpetuating the memory of our friends and loved ones. Their families will be notified of your remembrance.

United Way Donations: When making donations to United Way, remember to write in Sellers Senior Center's code **#9063** on the back of the card. We are also a member of the United Way of Southern Pennsylvania. For Pennsylvania donations please use **#48809.**

Mystery Lunch



Thursday, November 19 Time: 11:30am-2:30pm

Trans Cost: $4.00

Sign up in the office beginning 11/2.

Downsizing & Planning for Life's Next Chapter



Thursday, December 3rd 1:00pm

Planning for Seniors: Downsizing & Preparing for the "What If"

Join two local professionals for helpful information and resources on planning for the future.

Frank DeMarinis, Certified Senior Advisor, brings 30 years of senior living experience and offers guidance on advance directives, senior planning, and estate management.

Monica Hill, licensed Associate Broker and REALTOR® with RE/MAX Associates, has over 27 years of real estate experience in Delaware and Pennsylvania, specializing in seniors, downsizing, relocations, and residential sales.

Sign up in the office beginning November 2.

Center Closings

Sellers will be closed on Nov. 26 & 27 in observance of Thanksgiving & Dec. 24, 25, & Jan. 1 in observance of Christmas & New Years.

Puzzle Nook

Visit our library to see our great selection of jigsaw puzzles. There is always a puzzle in the process. Put in a few pieces or stay for the afternoon!

Cookie Tins

If anyone has any cookie tins they no longer need and would like to donate, we would gladly accept them! Thank you for your kindness & consideration.

Nutrition Presentation



Thursday, November 5th at 11:00am

Join Antonian's Dietitian, Megan in a discussion about how nutrition can impact your bones, muscles, and joints!

Sign up in the office beginning 11/2.

Medicare Basics & What's New for 2027



Thursday, November 12th at 1:00pm

Join Aiyana Lucas, Licensed Benefits Advisor with Baldwin Assurance, for an informative Medicare presentation. We'll cover Medicare basics, discuss changes coming in 2027, and review a few Medicare plan options available in our area for the upcoming year. Whether you're new to Medicare or reviewing your current coverage, bring your questions and learn what to consider when exploring your options.

Sign up in the office beginning 11/2.

Medication Cost Review

Do you have questions about the cost of your medications? Would you like to see if you can save money on your medications? Debbie Kling is a retired social worker having worked for Christiana Care for over 30 years. Debbie is also a Board Member. Bring in your medication list and see if there are more affordable options. You will need to bring your current medication list, print out from your pharmacy of your medication costs and your insurance card.



When: November 2 & December 7

If interested please sign for a time slot in the main office!

Holiday Luncheon & Cookie Walk

Join us for a festive holiday luncheon filled with good food & holiday cheer!



Tuesday, December 8, 12:00pm

Menu:

Pot Roast, Potatoes, Green Beans, Dinner Roll, & Apple Pie.

Join us for our Holiday Cookie Walk during our Holiday Luncheon. Purchase a tin, browse the selection of homemade cookies, and fill it with your favorites to take home and enjoy. A sweet addition to our holiday celebration!

Sign up beginning November 2.

Calling All Cookie Bakers

Our Holiday Cookie Walk needs your help! If you love to bake and would like to share some homemade goodies, we'd be so grateful for your cookie donations.



Please let the office know if you plan to bake and donate cookies. Thank you for helping make our Cookie Walk a success!

Pat's Pizzeria Fundraiser

Join us on **Wednesday, December 2, from 4:00–7:00PM** for a give back fundraiser at Pat's Pizzeria to support Sellers Senior Center! This offer is good for dine in or take out. Pat's will donate 15% of all food sales to Sellers.



4231 Concord Pike
Wilmington, DE 19803



Located in the shopping center with Giant and Marshall's, it's the perfect opportunity to take a break from shopping and stop in for a bite!

Please present this flyer at time of order, so your purchase counts toward the fundraiser.

Invite your family & Friends as well!

Thank you so much for supporting a local business and Sellers Senior Center.

Upcoming ~



Stay tuned for details about our upcoming Charter Trip to **Chicago, Illinois, ~ May 2027**

Poinsettia Fundraiser



Details coming soon about our upcoming Poinsettia sale!

FALL

A P N I K P M U P N D W L B Q B A W I C F
K U F T N S P X B O X D I O X O S L D H B
C U T E Q R S R F V L E J J L T T Z Z S J
B Z W U W U E X Y E L D H A L L O W E E N
V H C O M D N Y Q M X I P G T A K F P B V
M D O N I N S M K B P R P H S X V J J D K
E S R C H X G F T E W Y S K E R Y G L S N
D W N M X Y R O U R N A U Z V E Y N J O S
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V M N H L M R U W Z Q Y V L R T U T V O F
I E H M I G R A T I O N D U P E S A N B S
D R U O G H L L L A B T O O F P E E L R Z
R E W O L F N U S P T H Q Q Q L A V F I X

ACORN
APPLE
AUTUMN
BONFIRE
CHESTNUT
CIDER
CORNUCOPIA
CRANBERRY
CRISP
FESTIVAL
FOLIAGE
FOOTBALL
GOURD
HALLOWEEN
HARVEST
HAYRIDE
LEAVES
MAPLE
NOVEMBER
ORANGE
ORCHARD
PUMPKIN
RAKE
SCARECROW
SQUASH
SUNFLOWER
SWEATER



SUPERSTARWORKSHEETS

Holiday Gift Shop

We are excited to announce that we will be having a *Holiday Gift Shop at Sellers this year!* We'll have a variety of gift items available for purchase throughout the holiday season.

We Need Your Help!

We know we have many talented crafters among us, and we would love your help! If you have items you'd like to donate to our Gift Shop, we would greatly appreciate it.

Items can include homemade crafts, gifts you've already made, or items you'd like to create specifically for the shop. They do not necessarily have to be holiday-themed or handmade. We are looking for a variety of items that would make wonderful gifts!

If you're interested in donating, please let the office know. All proceeds will benefit Sellers Senior Center.

Thank you for helping us make our Holiday Gift Shop a success!



November Babies

11.2 Elaine Hill
11.5 Chris Kuipers
11.6 Len Bordzol
Marcia Tremper
11.6 Jim Deford
11.7 Kathy Zaplinty
11.9 Barbara Richardson
11.11 Pat Modispaugh
11.13 Valerie Green
Jeanne Madaline
Larry Walker
11.14 Gail Labrosciano
11.17 Jeanne Dorovich
11.19 Brian Pierce
Gil Wilbur
11.23 Doug DeVoll
11.24 Susan Duffield
Bert Opher
11.25 Eilene McKee
11.26 Patty Painter
11.27 Bing Cardell
Beverly Henderson
11.28 Carol Bohenek
Barbara Krueger
11.29 Ann Hornig

December Babies

12.3 Marlene Bennett
Carolyn Johnson
12.4 Anna Beane
12.5 Pat Dougherty
Linda Wolf
12.6 Carol Marshall
12.8 Jeanne Higley
Pauline Lauer
Bert Modispaugh
12.9 Lorraine Case
Guy Mazza
12.12 Linda Adams
Maryann Silletti
12.13 Joanne Donegan
12.15 Phyllis D'Ambrosio
12.18 Linda Porreca
Carol Saxby
12.19 Debbie Lange
12.21 Dawn Doubet
12.22 Eleanor Rozmaryknoski
12.23 Rachel Hayoun
Grace Miller
Joanne Rohrbach
12.25 Betty Wilbur
12.26 Vicky Jackson
Mary Thurman
12.28 Erika Glaeser
Joe Wojciechowski
12.29 Elaine Mooney
Joan Nolan
12.31 Kathy Alford
Virginia Bowers
Isabelle Husbands
Colleen Stone
Ubel Valez



Sellers 2800 Silverside Rd.
Senior Wilmington, DE 19810 (302) 762-2050
Center

Sellers Trip Sign-up Form

Non-members must wait a week after sign ups start to sign up (if we have openings)

Qty	Trip/Activity		Price	Paid
	Inspired by Touch Massage Tues, 11/10, 11/24, 12/8, 12/22		See Newsletter	
	Medication Cost Review	11/2, 12/7	See newsletter	
	Nutrition Presentation	11/5	Free	
	Thanksgiving Luncheon	11/17	$4, plus canned good	
	Mystery Lunch	11/19	Trans Cost $4	
	Reading Terminal Market	11/24	Trans Cost $5	
	Christmas Village	12/1	Trans Cost $5	
	Downsizing & Planning for Life's Next Chapter		Free	
	Holiday Luncheon at Sellers	12/8	Cost $4	
	Wee Fancy Tea	12/10	Cost: $38 Trans Cost $4	
	Holiday Gathering at Back Burner	12/15	No Trans Cost Pay for meal at restaurant	
	Breakfast Out & Noel at Nemours Estate	12/23	Breakfast on your own Nemour's $20	
	Candlelight—Scrooge	12/10	Final payment due 11/16	
	Charter Trips ~			
	AMT - Winter Wonderland	12/16	Final payment due 11/2	

Total_____

Name:_____. Date_____ Cash / Check #_____

Sellers Senior Center is dedicated to enhancing the quality of life for senior citizens in our area by providing quality human services, social contacts, recreation, nutrition, and advocacy.

The programs and services of Sellers Senior Center, Inc. are in part sponsored by the State of Delaware Division of Aging, The Nutrition Program for New Castle County's Senior Generation (City Fare) and the United States of America Older Americans = Act, Title 111C.