



Congregate City Fare Menu April 2024



Monday

Tuesday

Wednesday

Thursday

Friday

<p>4/1 Salmon Filet w. Lemon Dill Sauce Baked Potato Sour Cream Cauliflower White Wheat Bread Pudding</p> <p>APRIL FOOLS DAY</p>	<p>4/2 Oven Fried Chicken Mashed Potatoes with Gravy Peas & Carrots Tropical Fruit 12 Grain Bread</p>	<p>4/3 Turkey with Gravy Baked Sweet Potato Nantucket Blend Veggies Fresh Apple Dinner Roll Cranberry Sauce</p>	<p>4/4 Hamburger with Cheddar on Hamburger Bun Lettuce & Tomato French Fries Diced Pears Minestrone Soup w. Crackers</p>	<p>4/5 Chicken & Vegetable Stir Fry Brown Rice Pineapples Apple Bear Cookie</p>
<p>4/8 Swedish Meatballs over Egg Noodles Capri Blend Veggies 12 Grain Bread Tropical Fruit</p>	<p>4/9 Ham with Pineapple Sauce Mashed Potatoes Baby Carrots Croissant</p>	<p>4/10 Pot Roast with Gravy Baked Potato w. Sour Cream Broccoli Applesauce Dinner Roll</p>	<p>4/11 Baked White Fish Macaroni & Cheese Stewed Tomatoes Yogurt Orange Dinner Roll</p>	<p>4/12 Beef and Elbow Macaroni Green Beans Diced Peaches Dinner Roll</p>
<p>4/15 Broccoli Stuffed Chicken Peas & Pearl Onions Carrots 12 Grain Bread Mixed Fruit</p>	<p>4/16 Chili with Mozzarella Cheese Baked Potato Broccoli Corn Muffin Orange Sour Cream</p>	<p>**4/17** Meat Lasagna with Marinara Sauce Fresh Spinach, Craisins, Mandarin Oranges Italian Ice Wheat Dinner Roll</p>	<p>4/18 Spring Bingo</p>	<p>4/19 Pork with Gravy over Mashed Potatoes Green Beans Fruit Cocktail Twelve Grain Bread</p>
<p>4/22 Orange Glazed Chicken Brown Rice Succotash Fruit Cocktail Chocolate Chip Muffin Top</p> <p>EarthDay</p>	<p>4/23 Meatballs in Marinara over Spaghetti Mixed Salad with Cucumber & Tomato Applesauce Twelve Grain Bread</p>	<p>4/24 No City Fare Lunch</p>	<p>4/25 Ham & Swiss on Club Roll Lettuce, Tomato & Onion Orange Cream of Broccoli Soup Crackers</p>	<p>4/26 Salisbury Steak with Gravy Baby Bakers Stewed Zucchini Mandarin Oranges Corn Muffin</p>
<p>4/29 Breaded Flounder Corn Baby Carrots Mixed Fruit Dinner Roll Tartar Sauce</p>	<p>4/30 Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples 12 Grain Bread</p>	<p>5/1 BBQ Chicken Breast Baked Beans Green Beans Yogurt Corn Muffin</p>	<p>5/2 Turkey & Swiss on Club Roll Lettuce, Tomato & Onion Diced Peaches Cream of Potato Soup w. Bacon Crackers</p>	<p>5/3 Beef Burgundy over Egg Noodles California Blend Veggies Orange Dinner Roll</p>

- All meals subject to change. All meals contain 1% milk
- Suggested minimum donation for persons 60+ is \$3.00. People under age 60 must pay \$7.00.

- Saturday & Sunday Mid Day meals served at St. Anthony's
- Tuesday & Thursday evening Meals served at St. Anthony's Senior Center